

Order of Events

Saturday, December 5th @ Cortland(Jack Morse Relay)

55M HH(2 person)
DMR (1200, 400, 800, 1600)
4 X 200M
4 X 800 M
4 X 400 M
SMR (400, 200, 200, 800)

Field Events(2 Person)

Shot Put
High Jump
Long Jump
Pole Vault

Saturday, December 12th @ Cortland

4 X 200M
1500/1600M
500M
55M
300M
800M
55HH
4 X 400
Shot Put
Pole Vault
High Jump
Triple jump

Saturday, December 19th @ Hamilton(Holidays Relays – 2 persons)

55HH
300M
1000M
600M
55M
3000/3200M
400M
800M
200M
1500/1600M

Field Event(2 Person)

Long Jump

Triple Jump(Follows LJ)

Shot Put

High Jump

Pole Vault

Tuesday, December 29th@Cortland(Interscholastic Relay)

55HH(2 person)

SMR 2(600, 200, 400, 800)

4 X 400M

4 X 200 M

4 X 800 M

SMR 1(400, 200, 200, 800)

Field Event(2 Person)

Shot Put

High Jump

Long Jump

Triple Jump

Pole Vault

Monday, January 4th@Manley Fieldhouse(Fred Kirschenheiter)

55HH(2 person)

SMR(400, 200, 200, 800)

4 X 200M

4 X 800M

4 X 400 M

4 X 1600M(aggregated time)

Field Event(2 Person)

Shot Put

High Jump

Pole Vault

Long Jump

Thursday, January 7th @ Manley Fieldhouse (Bob Grieve Meet)

55HH
3200/3000M
4 X 400M
1000M
55M
300M
600M
Shot Put
Pole Vault
High Jump
Triple Jump

Friday, January 8th @ Cortland (one session)

4 X 200M
1500/1600M
600M
55M
300M
1000M
55HH
4 X 400
Shot Put
Pole Vault
High Jump
Long Jump

Saturday, January 9th @ Cortland (Frosh/Soph)

Same as the January 8th schedule.

Monday, January 11th@Manley Fieldhouse(John Arcaro Meet)

55HH
Int'l Sprint Medley Relay(100, 200, 300, 400)
1500M
500M
4 X 200M
3000M
Shot Put
Pole Vault
High Jump
Triple Jump

Wednesday, January 13th@Manley Fieldhouse(George Constantino Meet)

55HH
4 X 200M
600M
1600M/1500M
55M
1000M
4 X 400M
Shot Put
Pole Vault
High Jump
Long Jump

Saturday, January 23rd@Cortland

4 X 400M
3200/3000M
1000M
55M
600M
1600M/1500M
55HH
300M
4 X 800M
4 X 200M
Shot Put
High Jump
Pole Vault
Triple Jump